

NT HEUNG YEE KUK YUEN LONG DISTRICT SECONDARY SCHOOL
THE 38th ANNUNAL SPORTS DAY



Date : 8th & 9th November, 2007

Venue : Yuen Long Stadium

Athletes had done warm-up exercise to prepare themselves well. Cheering teams had got colourful pom-pom to have a good show. Other students were waiting for exciting competitions to start. Unexpectedly, drizzle came and the sports day had to be delayed.

Although the weather was not that fine on the first day of our Sports Day, students were not affected at all. Athletes did their best to give the best performance in all events. Cheering team members chanted slogan and sang songs to cheer for their peers. They were all in a very high spirit.

In addition to the excellent performances of some keen sportsmen, parents and teachers also participated in some events. Teachers paired up to take part in inter-staff room three-legged race and 2X100m relay. Parents joined their children and they had very good performances again in those two events.

As it is the 40th anniversary of the school this year, some amusing events were designed as celebration. Teachers and students of four houses formed teams to have a 10X40m race. Surprisingly, the last runners of all teams held their hands to go towards the finishing point together, showing a great sense of unity and harmony. Four cheering teams also joined together to form the number "40" and chant slogans.

The Principal, Mr Tsoi Chong-tat, John gave a welcoming speech in the prize presentation ceremony, delightedly announcing that there were totally 3180 entries recorded. He was also glad to see that parents and teachers were enthusiastic about playing sports games. Moreover, it showed a good relation between the school and parents, achieving great cooperation on nurturing the young. Finally, he reminded students not to be satisfied with a good result attained. He encouraged them to strive hard to keep advancing themselves.

Guests-of-honour, Mr Ma Ning-hei, Nathan, JP and Mr Man Fu-wan, BBS, Vice-chairmen of School Council, addressed the school and presented prizes to the winners respectively. Mr Ma praised the athletes, the cheering teams as well as all other students for their brilliant performance and involvement. He added that while playing sports, students should not just aim at winning the competition. It was more important to learn through the process so as to develop self-confidence, unity and cooperation. He also mentioned the coming Beijing Olympics. It was not only a sports game, but also a golden opportunity to build up friendship, harmony and peace all over the world. Mr Man was also greatly impressed by students' devotion and dedication. He stated that sports was an important element in school life. It helped boost one's health, enhance cooperation with others and develop positive attitude towards life, benefiting our future.

You win again, Hok House! Both the Overall Champion and the Best Cheering Team. Congratulations!