

Healthy School Week

(21-28 February 2025)

The 'Healthy School Week' was held from 21 February (Friday) to 28 February (Friday) 2025. Through various activities and games, it aimed at boosting students' mental health literacy, raising their awareness and understanding of physical and mental health. At the same time, the event encouraged students to adopt healthy lifestyles. Activities included mindfulness workshops, somatosensory games, booth games, morning sharing sessions, lunchtime singing, a food carnival, movie screenings, a health ambassador camp, etc. Students participated actively and were highly engaged, creating a relaxed and joyful atmosphere on the school campus.



"Kick-off Ceremony" of Healthy School Week

5C LEE Yuk-ho Max, 5C ZHAO Yung-ying, Ms. AU Shuk-ying, Ms. WONG Mui-fan, Ms. YAU Hau-yin, Assistant Principal Mr. LO Wai-yan, Principal YUEN, Assistant Principal Ms. KWAN Ki-shun, Mr. CHENG Wan-hung, Ms. CHAU Linda, Ms. CHAN Cheuk-yue, Mr. YEUNG Ho-lun, 5C CHU Wing-tung, 5C CHIM Yu-yin Mini
(from left to right)



Students are engaged in the somatosensory game



The appearance of the ice cream truck on campus brings excitement to our students.



Students are engaged in board games