

Sharing Session by Elite Athletes cum Fencing Exchange Demonstration

(29 April 2025)

On 29 April 2025 (Tuesday), students participated in the Sharing Session by Elite Athletes cum Fencing Exchange Demonstration, organized by the Education Bureau as part of the ‘Active Students, Active People’ (ASAP) Campaign. Elite fencer Mr. FONG Hoi-sun shared his inspiring journey, highlighting perseverance and discipline, and conducted an interactive fencing demonstration that sparked students’ interest in the sport. This hybrid event, held at Yaumati Catholic Primary School, offered students hands-on experience, promoting active lifestyles, boosting confidence, and fostering a positive attitude toward sportsmanship and personal growth.



Our students take a commemorative photo with the mascots of the 15th National Games, ‘Xiyangyang’ (5th left), ‘Lerongrong’ (4th right) and the ASAP mascot (7th right)



Elite fencing athlete Mr. FONG Hoi-sun (3rd right) shares his experiences and challenges in training and competitions, inspiring students to develop resilience, diligence, and the courage to embrace challenges, along with other positive values and attitudes.



3A LEUNG Lok-lam (left) and 3A MA Ying (right) test their reflexes in a reaction game. getting firsthand experience of how athletes train their fast responses



3A ZOU Huili is practising using a sword to strike various target areas in fencing (T1 to T5), focusing intently on improving her skills



3A YUAN Angel performs some basic fencing movements, such as thrusting and dodging, experiencing the joy of fencing.



4A YUEN Tsz-yau (left) and 4A WAN Cheuk-ying (right) enjoy the exciting experience in full gear



Our school's fencer, 4A YANG Johnny (right), engages in a fencing exchange and technical practice with elite athlete Mr. FONG Hoi-sun (left).