

Inter-School Swimming Championships 2025-2026

(10 October 2025)

Our students shone and achieved outstanding performance in the Inter-School Swimming Championships 2025-2026 organised by Yuen Long Secondary Schools Area Committee of the Schools Sports Federation of Hong Kong, China. We won the **1st Runner-up** in **Boys C Grade**, **2nd Runner-up** in **Girls B Grade**, **3rd Runner-up** in **Girls C Grade** and **6th Place** in **Girls A Grade** and some other individual prizes.

Category	Award	Awardee
Boys C Grade	1 st Runner-up	1A KWOK Kei-chak
		1A TSO Wang-chi
		1D YEUNG Kaspar
		2A SUNG Pun-yat Kingsley
		2B LI Chun-yin
		2C WONG Ting-hong
		2C YIP Ngo-hei
Girls B Grade	2 nd Runner-up	3A CHEUNG Wai-kei
		3B LUI Pui-yiu Cyrene
		3C CHEUNG Ka-yan Chloe
		3D CHEUNG Shu-hang Perla
		4D LAI Yuet-yee
Girls C Grade	3 rd Runner-up	1B CHAN Kai-yin
		1C CHAN Kai-ue
		1C SIN Chui-yu
		1D MA Lin
		2A CHONG Yan Audrey
		2B YUEN Hoi-ching
		2D IP Sin-yu
Girls A Grade	6 th Place	4C LEUNG Lok-lam
		6B LEE Vernice
		6D LEUNG Lok-yiu
		6E CHAN Hoi-ting

Category	Award	Awardee
4x50m Girls B Grade Medley Relay	Champion	3A CHEUNG Wai-kei
		3B LUI Pui-yiu Cyrene
		3D CHEUNG Shu-hang Perla
		4D LAI Yuet-yee
4x50m Boys C Grade Medley Relay	1 st Runner-up	1A KWOK Kei-chak
		1D YEUNG Kaspar
		2B LI Chun-yin
		2C WONG Ting-hong
4x50m Girls A Grade Medley Relay	2 nd Runner-up	4C LEUNG Lok-lam
		6B LEE Vernice
		6D LEUNG Lok-yiu
		6E CHAN Hoi-ting
4x50m Girls C Grade Medley Relay	2 nd Runner-up	1B CHAN Kai-yin
		1C CHAN Kai-ue
		1C SIN Chui-yu
		2D IP Sin-yu
4x50m Boys A Grade Freestyle Relay	3 rd Runner-up	6C CHEUNG Pak-loi
		6C LEE Yuk-ho Max
		6C MO Ching-yin Joshua
		6D CHEUNG Pak-yin

Category	Award	Awardee
Boys C Grade 100m Breaststroke	Champion	2B LI Chun-yin
Boys C Grade 200m Breaststroke		
Girls C Grade 100m Backstroke	1 st Runner-up	1C SIN Chui-yu
Girls B Grade 100m Backstroke		4D LAI Yuet-ye
Girls A Grade 50m Backstroke		6B LEE Vernice
Girls B Grade 50m Freestyle stroke	2 nd Runner-up	3D CHEUNG Shu-hang Perla
Girls A Grade 100m Backstroke		6B LEE Vernice
Boys A Grade 100m Breaststroke		6C MO Ching-yin Joshua
Boys A Grade 50m Freestyle stroke		6C LEE Yuk-ho Max
Girls C Grade 200m Individual Medley	3 rd Runner-up	1C SIN Chui-yu
Boys C Grade 100m Freestyle stroke		1A KWOK Kei-chak
Boys C Grade 50m Breaststroke		4D LAI Yuet-ye
Girls B Grade 50m Freestyle stroke		3C CHEUNG Ka-yan Chloe
Girls B Grade 100m Backstroke		3D CHEUNG Shu-hang Perla
Girls B Grade 200m Individual Medley		3D CHEUNG Shu-hang Perla
Girls A Grade 50m Breaststroke		6D LEUNG Lok-yiu



Under the shining sun, Principal YUEN and the prize winners pose for a commemorative photo - their bright smiles and gleaming trophies complement each other, creating a scene as beautiful as a poem



Principal YUEN (1st left), Ms. YAU Hau-yin (2nd right) and Mr. NG Chi-fai (1st right)
with Boys C Grade Swimming Team Members:
1A TSO Wang-chi, 2C WONG Ting-hong, 1A KWOK Kei-chak,
2B LI Chun-yin, 1D YEUNG Kaspar, 2A SUNG Pun-yat Kingsley (from left to right)



Principal YUEN (1st left), Ms. YAU Hau-yin (2nd right) and Mr. NG Chi-fai (1st right)
with Girls C Grade Swimming Team Members:
2B YUEN Hoi-ching, 1C SIN Chui-yu, 1C CHAN Kai-ue, 2D IP Sin-yu,
1B CHAN Kai-yin, 3A CHEUNG Wai-kei (from left to right)



Principal YUEN (1st left), Ms. YAU Hau-yin (2nd right) and Mr. NG Chi-fai (1st right)
with Girls B Grade Swimming Team Members:
3B LUI Pui-yiu Cyrene, 3A CHEUNG Wai-kei, 3D CHEUNG Shu-hang Perla, 4D LAI Yuet-ye, 3C CHEUNG Ka-yan Chloe (from left to right)



Principal YUEN (1st left), Ms. YAU Hau-yin (2nd right) and Mr. NG Chi-fai (1st right)
with Girls A Grade Swimming Team Members:
6D LEUNG Lok-yiu, 4C LEUNG Lok-lam, 6E CHAN Hoi-ting, 6B LEE Vernice
(from left to right)



Principal YUEN (front row 1st left), Ms. YAU Hau-yin (front row 1st right),
Mr. NG Chi-fai (back row 1st left) and Swimming Team Members

Back Row	6E CHAN Hoi-ting, 6B LEE Vernice, 6D LEUNG Lok-yiu, 4C LEUNG Lok-lam, 6C MO Ching-yin Joshua, 6C CHEUNG Pak-loi, 6C LEE Yuk-ho Max, 6D CHEUNG Pak-yin, 6B LAU Chung-yau
Middle Row	2D IP Sin-yu, 1C CHAN Kai-ue, 3C CHEUNG Ka-yan Chloe, 3D CHEUNG Shu-hang Perla, 4D FAN Ryan Hanz, 2A SUNG Pun-yat Kingsley, 4C YEUNG Kasey, 2C WONG Ting-hong, 1A KWOK Kei-chak
Front Row	1B CHAN Kai-ue, 1C SIN Chui-yu, 3A CHEUNG Wai-kei, 2B YUEN Hoi-ching, 4D LAI Yuet-ye, 1A TSO Wang-chi, 2B LI Chun-yin, 1D YEUNG Kaspar

(From left to right)



Principal YUEN encourages our athletes to stay humble in victory and resilient in defeat