

Parent Education Event: Parent-Child Relationships and Communication Seminar & Mother's Day Parent-Child Cake Baking Workshop

(9 May 2026)

Our school successfully held the parent education event 'Parent-Child Relationships and Communication' Seminar cum Mother's Day Parent-Child Cake Baking Workshop on 9 May 2026 (Saturday). The programme was supported by the Boys' & Girls' Clubs Association of Hong Kong. It aimed to promote communication between parents and their children, as well as foster harmonious family relationships through interactive learning and hands-on experiences.

The seminar 'Effective Parent-Child Communication: Mastering Principles, Resolving Tensions' delivered by a professional social worker provided clear and practical insights to help parents better understand the psychological and behavioral traits of adolescents during their growth. It also introduced ways to apply the 'love languages' to strengthen parent-child bonds, resolve conflicts, and enhance family harmony.

In the afternoon, the baking workshop, themed 'Sweet Parent-Child Moments: Building Communication and Cooperation Through Baking', encouraged parents to show support and encouragement during the cake-making process, sharing quality time with their children. By handcrafting a pistachio strawberry cake, students extended their heartfelt wishes for Mother's Day. The interaction allowed parents and children to build mutual affection, leaving them with warm and unforgettable memories.



Ms. KWAN Ki-shun, Assistant Principal (2nd row 1st left) and Ms. YAU Hau-yin (front row 1st left) take a photo with social workers, parents and students after the seminar



The social worker shares with parents the practice of kind communication, the love languages, helping families build deeper connections through understanding and support



Ms. KWAN Ki-shun, Assistant Principal (front row 2nd left) and Ms. YAU Hau-yin (front row 1st left) pose for a group photo with parents and students, proudly displaying their handmade cakes, with smiles all around



The baking instructor guides parents and students in making cakes, with everyone fully engaged in the activity and enjoying a warm and cheerful atmosphere



Parents and children bake a cake together, showing love through the five love languages



The handmade pistachio-strawberry cake conveys unconditional love and gratitude