55th Annual Sports Days

(22 and 23 October 2026)

Our school's 55th Annual Sports Days were held on 22 and 23 October 2026 (Thursday and Friday) at the Tin Shui Wai Sports Ground. Our school was honoured to invite alumnus Mr. YUE Kin-wan, former Youth Team Manager of Yuen Long Football Club, to serve as the Guest of Honour and officiate the award presentation ceremony. The event was a vibrant showcase of athletic talent and school spirit. Athletes from all four houses competed with determination and skills, thrilling the crowd with their performances. Spectators cheered enthusiastically for their fellow house members, creating an exhilarating atmosphere throughout the two days. Adding to the festive mood, each house proudly displayed colourful banners and creative mascots, transforming the venue into a lively celebration of unity and pride. The collective energy and enthusiasm of students and staff alike made the event a resounding success.

Inter-House Overall Champion	**Hok House**
Inter-House Overall Boys Champion	**Hok House**
Inter-House Overall Girls Champion	**Yuen House**
Inter-House Cheering Team Champion	**Chung House**

Boys Individual Champion		
A Grade	**5C CHEUNG Chin-hei**	**Hok House**
B Grade	**3B YIP Ngo-hei**	**Hok House**
C Grade	**2B LUI Pak-kiu Paco**	**Chung House**

Girls Individual Champion		
A Grade	**6F LAM Suet-ching**	**Yuen House**
B Grade	**4D CHEUNG Shu-hang Perla**	**Heung House**
C Grade	**1A CHENG Wing-chi**	**Hok House**



Students sprint down the track with determination



Students jockey for position as they battle for the lead



A student demonstrates focus and agility while clearing a hurdle during a track event



Baton in hand, a focused student sprints down the track during a thrilling relay race



Students sprint down the track, batons in hand, during a close relay race



A focused student demonstrates impressive form while clearing the bar during the high jump competition



A student leaps gracefully through the air, aiming for distance in the long jump competition



A student prepares to unleash a powerful throw during the javelin competition



A focused student launches the discus with strength and precision during the throwing event



A student demonstrates strength and focus as she releases the shot put during the field events



Principal CHAN announces the start of the 55th Annual Sports Days



Principal CHAN announces the start of the first event



Heung House Cheering Team’s performance



Yuen House Cheering Team’s performance



Chung House Cheering Team’s performance



Hok House Cheering Team’s performance



Principal CHAN (1st row 9th left), teachers and S.6 students



All S.6 students run a final, celebratory lap together, taking a symbolic leap toward their future



Inter-House Overall Champion: Hok House



Inter-House Overall Boys Champion: Hok House



Inter-House Overall Girls Champion: Yuen House



Inter-House Cheering Team Champion: Chung House



Boys Grade A Individual Champion: 5C CHEUNG Chin-hei (Hok House)



Boys Grade B Individual Champion: 3B YIP Ngo-hei (Hok House)



Boys Grade C Individual Champion: 2B LUI Pak-kiu Paco (Chung House)



Girls Grade A Individual Champion: 6F LAM Suet-ching (Yuen House)



Girls Grade B Individual Champion: 4D CHEUNG Shu-hang Perla (Heung House)



Girls Grade C Individual Champion: 1A CHENG Wing-chi (Hok House)



Principal CHAN (left) expresses his sincere gratitude to the Guest of Honour,
Mr. YUE Kin-wan (right), the former Youth Team Manager of Yuen Long Football Club